

Mexicorn Salad



Ingredients



For your class (20):

2 tins corn kernels
2 green capsicums
6 tomatoes
1 cucumber
4 tablespoons parsley
2 spring onions
juice of 1 lemon
2 tablespoons of sweet chilli sauce

For your family (4):

1 tin corn kernels
1 green capsicum
3 tomatoes
½ cucumber
2 tablespoons parsley
1 spring onion
juice of ½ lemon
1 tablespoon of sweet chilli sauce



Equipment:

- chopping board
- mixing bowl
- knife
- tablespoon



1 Chop the capsicum, tomato and cucumber into small squares.



2 Finely chop the parsley and spring onion. Drain the tinned corn.



3 Combine all chopped ingredients in bowl.



4 Add the lemon juice and sweet chilli sauce and mix well to combine.