Couscous Salad









Ingredients

1 cup couscous
1 tsp stock powder
1 cup hot water
1 Lebanese cucumber
1 tomato
Small bunch parsley
310g tin of corn kernels
1 carrot
200g of tinned lentils

Equipment

Measuring cups Teaspoon Large bowl Kettle Serving spoon

Lid Chopping boards Knives Can opener Strainer Peeler Grater

Fork

How to make it





Measure couscous and stock into a large bowl. Add 1 cup hot water, stir then cover with a lid. Leave for 5 minutes.



2. Chop the cucumber, tomato and parsley into small pieces.



3. Peel carrot, and then grate.
Drain the corn and lentils.



4. Remove lid from couscous. Fluff up and stir with a fork.



5. Stir all ingredients into bowl with couscous.





